



## 1999 Commodore's Year End Report



Merry Christmas Barry & Jen we miss you.

### The Nationals

Although we didn't quite match the number of Gold medals attained at Whistler in 1998 we still had a productive year at this year's Nationals in Ottawa, retaining our overall 9<sup>th</sup> place finish. A win in the Junior Men's War Canoe, our first since 1962, was the highlight of the day for us. This was closely followed by a 2<sup>nd</sup> place finish in the Senior Women's War Canoe event. Roumen and Gueorgui Nikolov were silver medal winners in both the 500m and 1,000m Senior Men's C-2, but disappointed to be disqualified after winning the 200m event. Coach Rob Stott had a big day in coxing the Junior War Canoe to its Gold medal, as well as paddling to Bronze in the Junior C-4, Senior C-4, and Open C-4 200m events. Head Coach Paul Nikolov won his first CCA Gold as a member of the Junior War Canoe.

### Fundraising

We held several major fundraising events that helped towards the purchase of a new war canoe and a 50 hp motor for our pontoon boat. We started the year with the "Hair of the Dog" fun walk/run and raised just over \$2,000. Along with our major fundraiser, the "200 Club" extravaganza, the "Corporate North Canoe Challenge", and the five Glenn Miller Dances, we were able to help our athletes in a big way.

### Summer Sports Camp

Our camp director, Lynn Roworth, did an outstanding job and was able to fill the camp beyond capacity for most of the summer. The camp not only provides regular sports such as baseball and soccer, but also introduces youngsters to paddling.

### Membership

Membership was up substantially this year, especially with the Bantams. The Master class membership

remained about the same as the Masters have to belong to the main Balmy Beach Club as well as the Canoe Club, making it is difficult for us to recruit new members. Unfortunately, we didn't have as many of last year's Bantams returning to move into the Midget class.

### Malvern Football

Congratulations to the Malvern Junior football team who won the TSSAA junior championship with paddlers, Ashley Hines, Luke Wheeler and Derek McAndrews on the team. The senior team won the TSSAA tier two championship with Christian Wright on the team.

## Hair of the Dog Fun Run

BBCP Presents the 21<sup>st</sup> Annual New Years Day

### "Hair of the Dog" Fun Run & Walk

**Registration 10:30 am**

Main Balmy Beach Club

Power Walkers 11:30 am, Runners 12:00 Noon

Run/Walk 9 km, Fun, Food & Prizes

Cost: \$15.00

## Fund Raising

Our next big fundraiser is "The Hair of the Dog" Fun Run organized by Phyllis Bain and she will need lots of volunteers! We feed 250 people after the run on New Years Day and with the Millennium this will be a big year.

**Please volunteer your help and call Phyllis at 763-7302.**

Phyllis is also looking for help from paddlers to distribute letters to merchants on Queen Street and Kingston Road and then collect their donations for prizes. A perfect time for doing this is after the Saturday morning practice. Any volunteers??

**Call Phyllis before she calls you!!!**



## Balmy Beach Canoe Club News November 1999

### 1999 Annual General Meeting

The Balmy Beach Canoe Club Annual General Meeting was held on Sunday, October 31 at the main club. Our annual general meeting in October had 50 people in attendance. This excellent turnout provided us with lots of volunteers. We will need all the help we can get, as this is a big year. We have to get everybody to Dartmouth... a very big task for our new Executive.

### Canoe Club Executive

Our new Executive is as follows:

- Barb Dunn – Commodore
- Shawn Dinn – 1<sup>st</sup> Vice Commodore
- Ian McArdle – 2<sup>nd</sup> Vice Commodore
- Phyllis Bain – Rear Commodore
- Ken Lane – Exec Treasurer – Bingo
- Russ Dunn – Treasurer
- Irene Denver – Secretary
- Matt Gleeson & Dawn Hicks – Marketing & Fundraising
- Rick Arends – Travel Coordinator
- Barrie Dudley – Registrar
- Chris Helyar – Newsletter
- Paul Nikolov – Head Coach
- Ross Bain – Paddling Rep

### Roumen and Gueorgui Nikolov

Special thanks goes out to Sue & Bob Stuart and Madeleine Fleming (Dud's lovely lady), for their help in organizing a meeting with Maria Minna, the Minister for International Co-operation. This meeting enabled Roumen Nikolov (in the final hours before boarding a plane back to Bulgaria) to get his stay in Canada extended for a few months until his sponsorship goes through. We're all very happy for Roumen and thanks to the people who helped to keep him in Canada.

#### Help Wanted!

Parent to coordinate a party for the gang, sometime during the holidays. Please contact Phyllis Bain at 763-7302.

### Congratulations to Rob and Kim!

Congratulations to Coach Rob Stott and masters paddler Kim Decarie, who were married on September 4, 1999. After a ceremony in Withrow Park and a reception at the main Club, Rob and Kim traveled north for their honeymoon. Rob is looking forward to joining Kim in future masters' events.

### Glenn Miller Dance Schedule for 2000

Saturday, February 12, Sweethearts Ball featuring "The Music Lovers Orchestra"

Saturday, May 13, Spring Dance with DJ

Friday, June 23, BBQ and Dance featuring "The Music Lovers Orchestra"

Saturday, September 16, Autumn Dance with DJ

Saturday, November 11, Year End Dance with DJ

### 1999-2000 BBCC Christmas Training

**Mon, Dec 20, 7 pm – Florida Camp meeting at boathouse**

Dec 24, 25, 26 – **OFF**

Mon Dec 27 – 4 pm - Spinning Class, 7 pm Masters weights

Tue Dec 28 – Weights - 4 pm Competitive, 5:30 Development

Wed Dec 29 – 4 pm - BoxFit – 7 pm Masters weights

Thur Dec 28 – Weights - 4 pm Comp., 5:30 Dev.

Fri Dec 31 – **OFF**

Sat Jan 1 – Hair of the Dog Run – All Groups

Sun Jan 2 – **OFF**

Mon Jan 3 – 4 pm - Soccer, Comp. and Dev., 7 pm Masters weights

Tue Jan 4 – 7 am – Swimming, Comp. (J. Simpson), Weights – 4 pm Comp., 5:30 Dev.

Wed Jan 5 – 8 am – SKI, 7 pm Masters weights

Thur Jan 6 – Weights - 4 pm Comp., 5:30 Dev.

Fri Jan 7 – 7 am – Swimming, Comp. (J. Simpson), 9 Skating

Sat Jan 8 – 8 am – Paddle Pool & Weights, Mississauga (All Groups)

Sun Jan 9 - **OFF**



## Balmy Beach Canoe Club News November 1999

### Balmy Beach Canoe Club CCA Medal Winners

#### Gold Medallists:

- Junior Men C-15, 1,000 metres, Rob Stott's crew



#### Silver Medallists

- Senior Women C-15, Rob Stott's crew
- Senior Men C-2, 500 and 1,000 metres, Gueorgui and Roumen Nikolov

#### Bronze Medallists

- Junior Men C-4 1,000 metres, Jon Stuart, Ross Bain, Rob Stott, Tim Sweeney
- Masters Women K-1, 500 metres, Sara Jones
- Senior Men C-4 1,000 metres, Tom Milway, Roumen Nikolov, Jon Stuart, Rob Stott
- Open Men C-4 1,000 metres, Tom Milway, Roumen Nikolov, Gueorgui Nikolov, Rob Stott

### Ontario Championships Winners

- Bantam Women K-4 500 metres, Alexandra Potter, Sharon Goldthorpe, Danielle Arends, Lauren McArdle
- Midget Women K-1,000 metres, Christine Bain, Emily Carty

### Lost and Found

- One LIFA shirt – call Colleen Didur at 365-0732
- Binoculars after CCA in Ottawa while loading boats – Russ Dunn 698-2288

- One pair New Balance 712s, size 11, worn only 3 times, in July. These are the only running shoes I have for gym and training. If you took them by mistake, please return them to the Bay, or call Jon Stuart at 691-6869.
- 3 coats, 13 sweatshirts, 9 shorts, 2 pants, 40 T-shirts. These items will be kept for one to two weeks after you receive this newsletter. Please call Sue Stuart at 691-6869 and take your belongings home!

### Year 2000 Regatta Schedule

Date	Regatta	Location
June 3	Richmond Hill	Lake Wilcox
June 17	Mississauga	Credit River
July 1	Canada Day	Island
July 2	Burloak	Island
July 8 & 9	Ontario Team Trials	Welland
July 15	Balmy Beach	Island
July 22 & 23	WOD Trials (Midget and older)	To be determined
July 29	WOD Trials (Atom, Peewee, Bantam)	Lake Wilcox, Richmond Hill
August 5	Ontario Championships	North Bay
August 15 to 19	National Championships	Dartmouth, Nova Scotia
August 20	CANMAS	Dartmouth, N.S.
August 26	Cloverleaf	Quebec
September 16	West Rouge	Frenchman's Bay, Pickering
Sept 26 to October 1	Olympic Games	Sydney, Australia

### Balmy Beach Canoe Club 1999 Award Winners

The annual Balmy Beach Canoe Club Awards Night was held on October 7. Congratulations to all of the award winners!



## Balmy Beach Canoe Club News November 1999

- Margaret Baillie Memorial Award, Volunteer of the Year – Sara Jones and Dave Montgomery
- Jim Mossman Award for outstanding service and contribution to the BBCC – Paul Nikolov
- Russ Dunn Award – Mark Langford
- Bill “Snuff” Dennis Award, Best Male Paddler at Beach regatta – Mark McAndrews
- Hugh Richmond Award, Best Female Paddler at Beach regatta – Ashley Aimone
- Colleen Gardiner Award, Outstanding Ladies War Canoe – Rob Stott’s Senior Ladies Crew
- Outstanding Masters at CANMAS - Mike Gregory and Lisa Bagley
- Masters Awards – Jim Parsons and Colleen Didur
- Junior Awards – Ross Bain and Sara Jones
- Juvenile Awards – Norbert Liszka and Ashley Aimone
- Midget Awards – Tim Sweeney/Luke Wheeler and Christine Bain/Emily Carty
- Bantam Awards – Mark McAndrews and Danielle Arends
- Peewee Awards – Pat Doyle and Julia Freneau

### Gossip Column

As you probably know we lowered the winter fees in hopes of keeping most of the kids over the winter. It seems to be working and Paul & Rob are doing an excellent job of keeping them busy and out of trouble. They are also going to do some winter fun stuff with the group.

Rick Arends has already got the hotel booked for Dartmouth and he is working on plane reservations so we’re in good shape at the moment.

Phyllis and all the winter training kids made \$350 at the club’s Mish Mash sale this week by cleaning and Christmas wrapping the donated stuffed animals. Thanks kids, you did a great job!

We heard from Tom Milway when he was in China for the Dragon Boat races. Their team was fortunate

enough to win and he had a marvelous time. There were 200,000 spectators, a few more than at our Regattas! Congratulations Tom... we hope to see you at Christmas.

Ross is at U of T pursuing his engineering degree. The amount of work is pretty overwhelming but knowing Ross as I do, he will handle it well, and probably still have time to referee hockey and do a million other things. Mark is in Ottawa at school and we hope to see both Ross and Mark at Christmas

I haven’t seen “Ash” and “Trash” but I’m sure they’re working hard. Jon’s got his new boat so he’s pretty happy. Christian is still at the main club working and going to school and Tim, Luke, Christine and Emily are working hard at winter training and preparing for Florida.

Sara Jones and Dave Montgomery were our Volunteers of the Year and Russ and I spent an enjoyable evening with them at the Canoe Ontario Dinner. The dinner was OK, but the award was pretty feeble. I know they’re cutting back on expenses, but I think they could have had something a little more special for the volunteers who worked so hard over the year!

At the moment Shawn, Paul and Russ are in the process of deciding what new structure we will be adding at the Bay. We hope to have all the boats outside leaving more room inside the boathouse for a locker room, showers and meeting room space.

### Help Required - BBCC Home Regatta

The Balmy Beach Canoe Club is looking for a volunteer coordinator for our home regatta. The Regatta will be held at Toronto Island on July 15, 2000. Please Contact Barb Dunn at 698-2288.

### CCA 2000 Dartmouth Nova Scotia – First Alert!!

Next year’s CCA will be held on beautiful Lake Banook. A great spot for families to consider for next year’s vacation! The Club is looking forward to this opportunity and working hard to organize this event for paddlers and their families.



## Balmy Beach Canoe Club News November 1999

Competition dates are Wednesday, August 16 to Saturday, August 19, with Masters events scheduled for Sunday, August 20<sup>th</sup>.

### Accommodation

Reservations have been made at the recently renovated Mic Mac Hotel (Best Western) for paddlers and parents. The hotel is conveniently located just across the street from Lake Banook, as well as the Mic Mac Mall and many area restaurants. The hotel offers free parking and has a Canada Select ☆☆☆ ½ rating. The Club has negotiated a rate of \$103.50 (taxes included) per night. Each room has 2 double beds, which allows for 4 paddlers per room, for a cost of \$25.88 per paddler per night.

### Airfare/Travel

Travel arrangements are currently under investigation. Paddlers and any family members travelling by air would depart Tuesday August 15 and return Sunday August 20. (Note: Families may choose to make their own travel arrangements taking personal vacation plans into consideration.) We expect charter airline reservations will be finalized early in the New Year, when firm prices are available.

Your organizing committee looks forward to keeping you up to date, as plans progress. Any comments/questions are welcome and may be directed to Rick or Debbie Arends at 690-0025 or e-mail us at:

[family.arends@sympatico.ca](mailto:family.arends@sympatico.ca)

## Balmy Beach Canoe Club CANMAS Medal Winners



### Gold Medallists

- Women's K-4, Age 35 to 44, Christina Schneider, Sara Jones, Lisa Bagley, Sue Beal
- Men's K-1, Age 70 to 74, Ray Knight

- Men's K-2, Age 70 to 74, Ray Knight, Mel Homans
- Men's K-4, Age 55 to 64, Ray Knight, Mel Homans, Barrie Dudley, Don Falconer
- Women's K-1, Age 30 to 34, Christina Schneider
- Women's K-1, Age 40 to 44, Sara Jones
- Women's Novice B K-1, Elizabeth Rankin
- Women's K-2, Age 30 to 34, Lisa Bagley, Kim Decarie
- Women's K-2, Age 35 to 39, Christina Schneider, Sara Jones
- Mixed A War Canoe, Mark Langford's Crew
- Mixed K-2, Age 35 to 44, Christina Schneider, Paul Nikolov
- Mixed K-4, Age 35 to 44, Sara Jones, Christina Schneider, Paul Nikolov, Bogdan Nikolov
- Mixed K-4, Age 65+, Barbara Dunn, Margaret Falconer, Ray Knight, Mel Homans

### Silver Medallists

- Men's C-1, Age 60 to 64, Russ Dunn
- Women's C-2, Age 45+, Daphne Archibald, Margaret Falconer
- Women's K-4, Age 25 to 34, Heather Hogarth, Lisa Ricciardelli, Nancy Moss, Luisa D'Allesandro
- Men's K-1, Age 35 to 39, Paul Nikolov
- Men's K-1, Age 40 to 44, Paul Nikolov
- Men's K-1, Age 70 to 74, Mel Homans
- Men's K-4, Age 25 to 34, Shawn Dinn, Mike Gregory
- Mixed C-4, Age 55 to 64, Margaret Falconer, Barbara Dunn, Barrie Dudley, Russ Dunn
- Mixed Novice C-15, Mark Langford's Crew

### Bronze Medallists

- Men's C-2, Age 55 to 59, Russ Dunn, Dave Montgomery



## Balmy Beach Canoe Club News November 1999

- Men's C-4, Age 35 to 44, Ian Grinnell, Jim Parsons, Grudy Delgrudev, Chris Helyar
- Men's C-4, Age 45 to 54, Ian Grinnell, Jim Parsons, Dave Montgomery, Chris Helyar
- Novice C Men's K-1, Paul Fisher
- Men's K-2, Age 40 to 44, Chris Helyar, Paul Nikolov
- Men's K-4, Age 35 to 44, Shawn Dinn, Chris Helyar, Paul Nikolov, Bogdan Nikolov
- Women's K-1, Age 45 to 49, Sue Beal
- Women's K-1, Age 50 to 54, Sharon Burgess
- Women's K-2, Age 50 to 54, Sharon Burgess, Daphne Archibald
- Mixed C-2, Age 55 to 64, Barbara & Russ Dunn
- Mixed C-4, Age 55 to 64, Sharon Burgess, Elisabeth Rankin, John Pineo, Bob Millward
- Mixed K-2, Age 55 to 64, Sue Stuart, Ray Knight
- Mixed K-4, Age 25 to 34, Sara Jones, Lisa Bagley, Mike Gregory, Shawn Dinn

Full CANMAS results are available on the Internet at:

<http://www.openface.ca/paddle/canmas.html>



### Ontario Canoe and Kayak Team

Some of our athletes have been named to the Ontario Canoe and Kayak Team by the Ontario Canoe Sprint Racing Affiliation. Congratulations to:

- Ashley Aimone, Bronze Team
- Tom Milway, Development Team
- Christine Bain, Development and Canada Games Teams

- Emily Carty, Development and Canada Games Teams
- Luke Wheeler, Canada Games Team
- Tim Sweeney, Canada Games Team

### Newsletter

This is our first Newsletter since the new season started. Chris Helyar, one of our Masters paddlers, has taken over the role of producing the Newsletter. Please contact Chris with any information, articles, or pictures, at 698-5525, or send him e-mail at:

[helyarc@pathcom.com](mailto:helyarc@pathcom.com)

### Sprint Canoeing on the Internet

There are many web pages on the Internet devoted to sprint canoeing. Most major international competitions post results online soon after the races are over. Some of the web pages are listed below, and most have links to many other sites.

Canadian Canoe Association

<http://www.openface.ca/paddle/index.html>

Fred Mechini Sprint Kayak Webpage

<http://pluto.njcc.com/~fmec/>

Balmy Beach Canoe Club

[www.geocities.com/Yosemite/Rapids/3802/contents.htm](http://www.geocities.com/Yosemite/Rapids/3802/contents.htm)

USA Canoe/Kayak

<http://www.usacanoekayak.org/index.htm>

Australian Canoeing Online

<http://www.ausport.gov.au/canoe/sprint/home.html>

The Mississauga Canoe Club Presents the 1st  
**Annual "Chilly Willy" Half Marathon & 10 Km.**  
Sunday December 19th, 1999, 10 Am  
Meeting Place Is At The Mississauga Sailing Club  
Building At Lakefront Promenade Park In Mississauga.  
Everyone Gets A T-Shirt - Cash for Top Placings -  
\$25 Race Day  
Call Doug Tutty At 905-891-0370 for Information and to  
Register.

C'mon Everyone ... Get Chilly!



# BBCC Winter Training, November 1999 to March 2000



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
6:30 am				Competitive & Development Nov 11, Swim Glen Ames	
8:00 am					Competitive Weights
9:30 am					Development Weights
11:00 am					Masters Weights
4:00 pm	Competitive Weights main club				(Jan 8 - March) paddle pool & weights Mississauga All Groups
5:30 pm	Development Weights main club				
6:00 pm		Competitive & Development Swim Malvern 6:00 - 8:00 pm Nov - March	Competitive & Development Gym Malvern 6:00 - 8:00 pm Nov - Dec Only	Competitive & Development Swim Malvern 6:00 - 8:00 pm Jan - March Only	
7:00 pm	Masters Cardiovascular & Weights Main Club		Masters Cardiovascular & Weights Main Club		

**THE TRANS CANADA TRAIL  
OFFICIAL MILLENNIUM CALENDAR  
“A partnership in making Canadian history.....”**

This is a new fundraising initiative for the Club.

The Trans Canada Trail Foundation has agreed to have charities, such as our Club, become partners for the sale of the Trans Canada Trail official calendar.

We have agreed to participate in this initiative by offering the calendar and, where appropriate, a calendar frame for sale to our members, their families and friends and other supporters. The retail price of each calendar is \$20.00 plus GST/PST. We earn \$10.00 from each calendar purchased. Frames are available for \$36.00 plus GST/PST. We earn \$18.00 from each frame purchased.

These calendars and frames make wonderful reasonably priced gifts for the holidays and other occasions.

To order your calendars or frames, simply complete the order form and fax or mail it to Matt Gleeson (telephone: 416-322-1596; fax: 416-322-9797). E-mail orders are also welcome at [gleeson@on.aibn.com](mailto:gleeson@on.aibn.com). Cheques are to be made payable to the Balmy Beach Canoe Club.

The Trail is scheduled to open on September 9, 2000 as part of Canada's millenium events. When completed, the Trail will be the longest shared-use trail in the world. Spanning 15,000 kilometers.

To obtain a Trail information pamphlet, please contact Matt Gleeson. To view the calendar and frame online, the web site is located at [www.tctrail.ca](http://www.tctrail.ca).

Your purchase of these collectible items will be greatly appreciated by the Club. The calendar is the first of a five year collector series of calendars.

**I'll help support the Trans Canada Trail and the Balmy Beach Canoe Club**

**I WILL BUY \_\_\_\_\_ CALENDARS @ \$20.00 EACH, tax included**

**I WILL BUY \_\_\_\_\_ CALENDAR FRAMES @ \$40.40 EACH, tax included**

**TOTAL DUE: \$ \_\_\_\_\_**

**PLEASE MAKE CHEQUES PAYABLE TO: BALMY BEACH CANOE CLUB,  
Russ Dunn - Treasurer**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_ **POSTAL CODE:** \_\_\_\_\_

**PHONE:**        **Home:** \_\_\_\_\_ **Work:** \_\_\_\_\_